

## JANE VAN DER WEYDEN

### COURSE: CERTIFICATE I IN WORK EDUCATION

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#### WHAT ARE YOUR CAREER GOALS?

To gain ongoing, stable employment in the warehousing and distribution sector.

#### WHAT HAVE BEEN CHALLENGES FOR YOU, THAT YOU HAVE OVERCOME?

Gaining confidence in myself and my capabilities. Because I have been unemployed for so long, I had lost confidence that I would ever find someone willing to give me a go.

#### WHO WAS YOUR TRAINER AND HOW WOULD YOU DESCRIBE THEM?

Sandra Filipowicz was my trainer. She is a fantastic trainer and role model for the women participants. She is so enthusiastic and positive about everyone and has a very uplifting energy. Without her help, guidance and feedback I probably would not have got to where I have. Her willingness to understand everybody's individual circumstances makes her a really valuable trainer.

#### DO YOU THINK YOUR COURSE AT MCIE HELPED YOU TO ACHIEVE YOUR CAREER GOALS?

Absolutely. Without the course and the work experience component I would not have gained casual employment. Doing the work experience gave me the 'foot in the door' that I needed to prove myself.

#### WHAT HAS BEEN YOUR BEST EXPERIENCE AT MCIE?

Visiting Oz Harvest on our Career Day was an eye opening and inspiring experience. The work they do for the community in Melbourne is truly amazing. It is because of the work they do that people who are struggling financially have something to eat and millions of kilos of food does not just get wasted.

**"I WOULD RECOMMEND THE MCIE AND FITTED FOR WORK CERTIFICATE I IN WORK EDUCATION COURSE TO ANYONE, ESPECIALLY WOMEN WHO NEED A LITTLE ASSISTANCE WITH GAINING EMPLOYMENT, NO MATTER WHAT THEIR BARRIERS ARE."**

