

Gain specialist skills for mental health support roles

Diploma of Mental Health

Support the wellbeing of your community by studying the Diploma of Mental Health with MCIE. This program is designed for those seeking to build advanced skills for working in community mental health roles. It covers core mental health units alongside family violence, trauma-informed practice, and collaborative care. The course includes mandatory work placement with a mental health service, giving you valuable hands-on industry experience and preparing you for employment in the sector.

CHC53315 | Online - Self paced



Future growth:

Employment for Welfare Support Workers is projected to increase by 8.4% over 5 years to May 2029



Weekly pay:

\$1,688 per week (median weekly full-time earnings, before tax). *



"Welfare Support Workers

(ANZSCO 4117)" includes roles such as Community Workers, Family Support Workers, Youth Workers, etc.

*Data from jobsandskills.gov.au

CHC53315

Diploma of Mental Health

Course duration

The Diploma of Mental Health (CHC53315) consists of 20 units (15 core units and 5 electives) delivered over 52 weeks.

How you'll study

Study is delivered online through **self-paced learning**, supported by **scheduled trainer-led sessions**. Students are expected to **undertake approximately 19 hours of self-directed study per week**, plus **3 hours of scheduled training per week** and **1 hour per week of tutorial/support**.

Career pathways

Typical job outcomes (community-based, residential, and clinical service settings) include:

- Mental Health Outreach Worker
- Community Rehabilitation and Support Worker
- Mental Health Support Worker (non-clinical)
- Community Services Worker
- Welfare Support Worker
- Case Manager (Mental Health)
- Support Facilitator (Partners in Recovery)
- Program Coordinator (Mental Health Services)

These roles typically involve supporting people experiencing mental illness, applying recovery-oriented frameworks, coordinating care, and promoting social inclusion and wellbeing.

Delivery and assessment

Assessments may include written questions and quizzes, scenarios and case studies, and practical or simulated activities, as well as workplace-based evidence such as a workplace logbook, third-party report, and reflective journal. Workplace evidence will be authenticated and validated by an MCIE assessor, which can include observation and/or verification of submitted workplace documentation. Work placement portfolio tasks and reflective journals may also be used to confirm competency.

Student support

Students are supported through scheduled trainer-led delivery, including 3 hours of mandatory training sessions each week (via Microsoft Teams), plus 1 hour of tutorial and supported learning per week.

Digital technology

Students need access to a computer or laptop and sufficient digital literacy to participate in online learning. You'll use online systems to access course content, complete and upload assessments, and communicate via the student portal and the learning management system.

For the online component, you'll need regular access to:

- A laptop or desktop computer with working speakers/headphones (and a microphone for online sessions if needed)
- Minimum operating system: Windows 8 or later or macOS 10.14 (Mojave) or later
- Reliable high-speed internet (suitable for video/webinars)
- A current web browser (e.g., Chrome or Internet Explorer 11 where required)
- Standard software to read and create documents (PDF reader and Word-compatible software)
- Printer/scanner access (optional) for any assessments that need printing or scanning
- A smartphone or device with video capability for any assessments that require recording assessment evidence



For pricing, job outcomes, pathways to further study, entry & eligibility requirements, and full course information, scan the QR code.

- ✓ **Advance your career** – gain specialist skills for mental health support roles.
- ✓ **Nationally accredited** – gain a qualification recognised across Australia.
- ✓ **Flexible learning** – study while working, with workplace-based training options.
- ✓ **High-demand industry** – mental health support workers are needed now more than ever.

Core units

CHCDIV001	Work with diverse people
CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety
HLTWHS004	Manage work health and safety
CHCMHS013	Implement trauma informed care
CHCMHS009	Provide early intervention, health prevention and promotion programs
CHCMHS011	Assess and promote social, emotional, and physical wellbeing
CHCMHS012	Provide support to develop wellness plans and advanced directives
CHCMHS005	Provide services to people with co-existing mental health and alcohol and other drugs issues
CHCADV005	Provide systems advocacy services
CHCMHS004	Work collaboratively with the care network and other services
CHCMHS002	Establish self-directed recovery relationships
CHCMHS003	Provide recovery oriented mental health services
CHCMHS010	Implement recovery-oriented approaches to complexity
CHCPOL003	Research and apply evidence to practice
CHCPRP003	Reflect on and improve own professional practice

Elective units

CHCDFV006	Counsel clients affected by domestic and family violence
CHCCCS003	Increase the safety of individuals at risk of suicide
CHCCSL001	Establish and confirm the counselling relationship
CHCCSL003	Facilitate the counselling relationship and process
CHCLEG001	Work legally and ethically

Elective units are subject to change.

Work placement

This course includes mandatory work placement of at least 160 hours (typically completed over 8 weeks) in an appropriate workplace setting. Work placement hours are recorded in a logbook signed by the student and workplace supervisor. MCIE can support students to source and confirm a suitable, approved host employer where required.

Industry requirements (for placement)

Host employers may require evidence such as a National Police Check, Working with Children Check, NDIS Worker Screening Check, and vaccination evidence (requirements vary by workplace).

Credit transfer and RPL

Credit transfer and RPL Recognition of Prior Learning (RPL) and Credit Transfer (CT) are available to eligible students. **RPL applications are subject to fees.**

Locations

Training is delivered online, with work placement undertaken in the host workplace.



More information: Call 1300 737 004 or visit our website at www.mcie.edu.au, or email us at info@mcie.edu.au

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